

MANUSCRIPT OF THE PAPER

Manuscripts should be in English language, typed in *Times New Roman*, 11 points in size, in single spacing.

The manuscript of the paper includes: abstract with keywords, text of the manuscript, acknowledgements and notes, footnotes, references, tables and figures.

Do not enter information about the authors in the manuscript of the paper, but in the third step of application process (3. Enter metadata).

ABSTRACT

a) Article title

b) Article abstract must not exceed 250 words in a single paragraph. The abstract should concisely outline the aims, applied methods and the main results.

v) Keywords (three to eight), written in capital letters, separated by a slash (the words contained in the article title must not be stated).

TEXT

The text length is limited to 10 printed pages, A4 paper size, with 2cm margins. The text should contain the following sections, the headings of which are in capital case lettering:

A. INTRODUCTION

This part should introduce the problem, hypotheses and aim(s) of the work.

B. METHOD

This section should describe the methodology of the research – the equipment /instruments and procedures should be explained so to enable the repeating of the research. Clearly indicate the details of the applied statistical procedures of data processing. Measuring units should be expressed in compliance with the international standards.

V. RESULTS

State the results clearly, drawing attention to important details in tables and figures.

G. DISCUSSION

Should contain objective and unbiased comments of the results. The comments should be in accordance with the experimental or other data of the research. Additionally, this part must be placed in the context of comparison to the similar results and reference data.

D. CONCLUSION

This part summarizes the findings commented in the discussion. Extensive explanations should be avoided. It is advisable to highlight the practical applicability of the work results.

Note: For reference citations, use APA style (see: Publication Manual of the American Psychological Association, www.apastyle.org) and state the author name(s) and year of publication. Example:

“Supplementation was found to achieve positive outcomes (Burke, Clooney, Pitt, & Riewoldt, 2009).“

ACKNOWLEDGEMENTS AND NOTES

If present, the acknowledgements should appear after the conclusion.

a) If the manuscript is an extract from a diploma (master), master thesis or doctoral dissertation, the bibliographical description of the source should be referenced as follows:

Full title of the diploma/MA/PhD dissertation. Type of paper, city, country, name of University, year.

b) If the manuscript results from a research project/study the full bibliographical description of the entry should be referenced as follows:

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c) If the manuscript was presented on a scientific/professional conference, the conference details should be referenced as follows:

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FOOTNOTES

These should be avoided unless absolutely necessary. In case they are unavoidable, they should be collected on a separate sheet at the end of the manuscript entitled *Footnotes*, numbered with Arabic numerals in the order of their citation in the text.

REFERENCES

References of the works cited in the text should be listed on a separate page at the end of the text. The papers are quoted according to APA system (see: Publication Manual of the American Psychological Association; www.apastyle.org). The list should begin on a separate page (after the text) under the title: Bibliography, with continuous pagination in Arabic numerals. The list

should be in alphabetical order of the authors' surnames, i.e. titles of the works (if the authors are not stated).

Example of a bibliographic description for a book:

Author, A. A. (year of publishing). *Title of the book*. City: Publisher.

Djordjevic-Nikic, M. (2004). *Doping in sport*. Belgrade: Studio Plus.

Example of a bibliographic description for a journal article:

Author, A. A. (year of publishing). Title of the article. *Title of Periodical*, Volume (issue number), pages.

Babic, M., & Babid, C. (2001). Factor analysis for estimation of anthropometric dimensions of pupils. *Physical culture*, 55(1), 7 – 23.

Example of a bibliographic description for book chapters:

Author, A.A. (year of publishing). Title of the chapter. In Name of editor. *Title of the book* (pages of the chapter). City: Publisher.

Sale, D. (1986). Neural adaptation in strength and power training. In L. Jones, N. McCartney & A. McComas (Eds.). *Human Muscle Power* (pp. 289-304). Champaign, IL: Human Kinetics.

Example of a bibliographic description for anthologies from congresses, conferences etc:

Author, A. A. (year of publishing). Title of the paper. In Name of editor. *Proceedings from Title of the congress, conference etc.* (pages). City: Publisher.

Skof, B., Cecic Erpic, S., Zabukovec, V., Boben, D., & Tomazin, K. (2001). Comparison of attitudes toward endurance running between adolescents of different ages. In A. Papaioannou, M. Goudas & Y. Theodorakis (Eds.). *Proceedings from 10th World Congress of Sport Psychology: In the dawn of the millennium* (pp. 65-67). Skiatos: Christodoulidi Publications.

Example of a bibliographic description for diploma, master, doctoral degree thesis:

Author, A. A. (year of publishing). *Title of the paper* (Type of paper), Institution, City.

Petrovic, P. (1992). *Influence of inertia loading to maximum running speed* (Unpublished doctoral dissertation), Faculty of Sport and Physical Education, Belgrade.

Example of a bibliographic description for article from internet-only journal:

Author, A. A. (date of publishing). Title of the paper. *Title of the journal*, Volume (number), pages. Retrieved day.month.year, from URL address.

Mrdakovic, V., Ilic, D.B., Jankovic, N., Rajkovic, Z, & Stefanovic, Dj. (01.06.2008). Pre-activity modulation of lower extremity muscles within different types and heights of deep jump. *Journal of Sports Science and Medicine*, 7, 269-278. Retrieved 01.02.2011, from <http://www.jssm.org/vol7/n2/12/v7n2-12pdf.pdf>

Example of a bibliographic description for internet page:

Title of the page. (Date). City: Publisher. Published. Retrieved day. month. year from Web site http.

About the Library. (12.06.2009). Belgrade: Faculty of Sport and PE. Retrieved 01.02.2012. from <http://www.dif.bg.ac.rs/en/library>.

TABLES

Tables should be printed on a separate page numbered with ordinal numbers (for example table 1, table 2). Tables should be comprehensible without reference to the text.

FIGURES (including graphs, schemes, photographs etc.)

Figures must be placed on a separate sheet, marked with Arabic numerals and should be comprehensible without reference to the text. The locations of each figure should be indicated in the text. The figures should be given in such a format that would enable possible changes of dimensions and content (text in graphs, schemes etc.).